

# The Soul of Therapy

*A Workshop for Mental Health Clinicians via ZOOM*

**Presented by Andrea Mathews, MA, LPC**

**Friday, December 4, 2020**

**9 am – 3:00 pm**

**Providing 5 NBCC– & 5 ABSWE–approved Contact hours**

**It is time** for clinicians to develop the core competencies required to address spiritual or religious problems. This workshop is meant to facilitate the increase in competency necessary to treating the whole person, by including the spiritual component of clinical care in an interfaith/ interspiritual or pluralistic manner that may capacitate **a new and higher version of wellness.**

## **OBJECTIVES**

**Upon successful completion of this workshop, participants will be able to:**

- Participants will learn to recognize spiritual or religious problems, spiritual abuse, spiritual woundedness and spiritual crises.
- Participants will learn specific exercises and interventions to facilitate client awareness of the deeper essence of Self.
- Participants will learn how to facilitate a client's awareness of the inner wisdom center toward the end of meaning-making.
- Participants will learn the presence process as a primary intervention.

**Register NOW:** <http://www.andreamathews.com/events.html>

**Limited to 100 participants**

**Zoom Workshop Fee \$70.00**

**Must register before 11/30/2020**

**Registrants will receive an email with the link to the Zoom Meeting once they register.**



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